

# FAMILY CHIROPRACTORS Of RIDGEWOOD



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# PLEASE READ CAREFULLY

It is important to the both of us that you – the patient – fully understand what Chiropractic IS and what it is NOT.

## CHIROPRACTIC IS NOT

Chiropractic is NOT medicine. It is NOT the diagnosis and treatment of diseases or symptoms. Chiropractors do NOT treat, heal, or cure their patients. The practice of Chiropractic is NOT dependent on medical techniques such as diagnostic tests or medical examinations. Chiropractic is NOT meant to replace emergency medical or first-aid procedures.

# CHIROPRACTIC IS

Chiropractic is a PHILOSOPHY, a SCIENCE, and an ART.

Chiropractic is the PHILOSOPHY of things natural. We recognize that in all living things is an inborn or "INNATE" wisdom which is responsible for the creation of Life, for sustaining Life, and for the healing and recuperation of living cells.

Chiropractic is the SCIENCE of locating and analyzing spinal misalignments (SUBLUXATIONS) which interfere with normal nerve transmission, thereby interfering with normal Life Expression and body function.

Chiropractic is the ART of correcting these "subluxations by hand adjustments for the removal of nerve interference, so that the body can achieve more normal Life Expression.

SIGNATURE	DATE	

# **PERSONAL HISTORY**

Name:		Date:	
	City:		
	Work Phone #		
Date of Birth:	Age:	SS#	
Referred By:	Marital Status: _	# of Child	dren:
Occupation:	Ye	ears at Present Job	:
Business Address:			
Who Is Responsible F	or Your Bill?: ( ) Self ( ) Spouse	e – Name	,
Insurance Type: ( ) M	edicare ( ) Auto Insurance ( ) Majo	r Med. ( ) Workma	n's Comp.
Name & Address of In	s. Co.:		
Ins. Policy#	Group #	Claim #	
	HEALTH INFORMA	TION	
Have you ever had pre	evious Chiropractic Care?	When	?
Have you ever had Sp	oinal X-Rays taken?	When	?
Do any other family m	embers receive Chiropractic Care?_		
Briefly describe preser	nt complaint (if any)		· · · · · · · · · · · · · · · · · · ·
When was the first occ	currence?		
Is this a work related i	njury or auto accident injury?		
If yes, please describe	e:		
Do you have any othe	r major health complaints?		
How long has it been	since you really felt good?		
The section of section	ations are avoid in believe to do	towning what two	of otropo you hove
	stions are crucial in helping us de fetime which may have led to the con		
Physical Stress:			
Was your Birth trauma	atic?		
Was your Delivery:	Drug Induced?	Forceps or Sucti	on?
	"C" Section?	Cord Around Ned	ck?
	Breech?	Prolonged?	-
	Other		

Have you ever been knocked	unconscious?	Descri	be
Have you ever used crutches	, a walker, or a car	ne?	
Describe			
Have you ever had any impa	cts, falls, or jolts th	at you feel speci	ifically may have injured your
spine?			
Describe			
During the day, I sit	stand	walk	do deskwork
do phone wo	rk d	rive	heavy lifting
			at type?
Have you ever, even as a pa	ssenger, been invo	lved in a car ac	cident?
Describe			
Have you ever had a Spinal	Гар?	Neck Collar?	Traction?
			Lift?
Chemical Stress:			
Are you currently taking any	drugs (prescription	or over-the-cou	inter) regularly?
Please list:			
			Date of Last Visit
and the second s		- 9 797	
, , , ,		•	
Do you work with any chemic	cals, fumes, dusts.	powders or smo	oke for prolonged periods?
	,		

# **Emotional Stress:**

Please circle any of the following emotional stresses you are now experiencing, or have experienced, in the past:

**Childhood Stress** 

Work Related Stress

School Stress

Stress of Commuting

Play or Recreation

Loss of Loved One

Family Stress

Change in Lifestyle

Personal Relationships

Change in Vocation

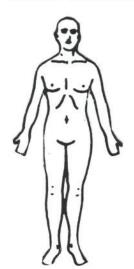
Stress of Being Sick

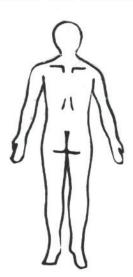
# DO YOU HAVE ANY OF THE FOLLOWING SYMPTOMS? IF YES, PLEASE MARK WITH AN X.

HEADACHES/MIGRAINES SHOOTING HEAD PAINS SINUS TROUBLE ALLERGIES HAYFEVER ASTHMA INFLAMMATION OF THROAT THYROID TROUBLE TWITCHING OF FACE FATIGUE DEPRESSION HEAD HEAVINESS DIZZINESS FAINTING LOSS OF BALANCE RINGING IN EARS MUSCLE SPASMS IN NECK GRATING IN NECK TIGHTNESS IN SHOULDERS PAIN IN SHOULDERS	BURSITIS  COLD HANDS/FEET SHORTNESS OF BREATH HEART PALPITATION HEART ATTACK HIGH BLOOD PRESSURE LOW BLOOD PRESSURE ANEMIA RHEUMATIC FEVER NERVOUS STOMACH ULCERS NERVOUSNESS INNER TENSION IRRITABILITY COLD SWEATS LIVER TROUBLE GALL BLADDER TROUBLE INDIGESTION INTESTINAL GAS CONSTIPATION	HEMORRHOIDS COLITIS KIDNEY TROUBLE BLADDER TROUBLE/CYSTITIS MENSTRUAL CRAMPS/PAIN MENSTRUAL IRREGULARITY DIABETES CANCER SLEEPING PROBLEMS PAINFUL JOINTS SWOLLEN JOINTS KNEE PAIN ARTHRITIS SLIPPED DISC PINCHED NERVE PINS & NEEDLES IN LEGS SWOLLEN ANKLES PAINS IN LEGS & FEET LOW BACK PAIN SCIATICA
PINS & NEEDLES IN ARMS/HANDS	CONSTIPATION	DIARRHEA

### PLEASE MARK THE AREAS OF PAIN OR DISCOMFORT IN THE DIAGRAM BELOW:







Why Chiropractic? People go to Chiropractors for a variety of reasons. Some go for symptomatic relief of pain or discomfort (Relief Care). Others are interested in having the cause of the problem as well as the symptoms corrected and relieved (Corrective Care). Still others want whatever is malfunctioning in their bodies brought to the highest state of health possible with Chiropractic Care (Comprehensive Care). Your Doctor will weigh your needs and desires when recommending your treatment program.

Please check the type of care desired so that we may be guided by your wishes whenever possible.

□ Relief Care	□ Corrective Care	☐ Comprehensive Care	☐ Check here if you want the
- Nonor Gard			Doctor to select the type
			of care appropriate for
			your condition.